April 3, 2008

Prof. Kiran Walia The Life Eternal Trust C-17, Qutub Institutional Area New Delhi

Dear Sir/Madam,

## Sub: Workshop on Sahaja Yoga Meditation

We at Xansa India Ltd. (a Steria Company), would like to sincerely thank Life Eternal Trust, Delhi for conducting a workshop on Sahaja Yoga meditation for our staff.

We had 50 of our employees attending the Sahajayoga meditation. Each employee attended two sessions over one week. Each session was very well conducted and all the 50 employees could understand the concept very clearly. The practical sessions were received very well by the employees and the feedback, which we have been getting from them, has been very encouraging. Some of the employees have already started meditation at home.

We would like to thank your for holding these sessions in our premises which will go a long way in fighting stress related problems with our staff.

Looking forward to taking up more of these initiatives with you in future

Yours faithfully for Xansa India Ltd

Shiny Rajan Senior Manger - HR Xansa (India) Ltd.

