

3rd July '2012

H.H Shri Mataji Nirmala Devi Sahaja Yoga Trust,
C - 17, Qutub Institutional Area,
New Delhi -110017

Subject: Thanks/ Acknowledgement of your serious efforts towards Stress Management & Human transformation.

Dear Sir,

We, at Vedanta Aluminium Limited and Sterlite Energy Limited at Jharsuguda, acknowledge with profound gratitude your benevolent gesture and efforts in sending your Corporate Workshop Team from Delhi to Jharsuguda, Odisha during 8-9 Dec.'2011 , not only to conduct here Stress Management Workshops for about 50 Middle and Senior Management Executives, but to impart the Vital Training Methodology to our Local Trainers.

It was heartening to find that all our participants felt a clear state of 'relief of stress' and 'peace' after going through a brief practical-session of about 15-25 minutes, facilitated by extremely 'simple-to-do' meditation method of 'Sahaja Yoga' discovered by HHH Shri Mataji Nirmala Devi Ji.

Thanks to the training given by Your Corporate Workshop team to our local Trainers, we subsequently conducted over 15 more such sessions during January'2012 to May-2012 with the same result for over 300 employees – who have shown keen interest to learn same further. Now, we are facilitating these employees with further inputs on the method. We have started such trainings at our township also on two week days for wholesome IQ, EQ and SQ development of our employees and their family members.

We thank you once again for the great service extended to us for providing us with extremely effective method for reducing stress and increasing human productivity in wholesome way. We are sure that you would excel in your endeavor of sharing this wonderful approach with the much wider spectrum of industries and societies for the overall development of people around; and would continue to extend time and inputs to Vedanta group of Industries in future as well.

Best Regards



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